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- 3 Mortimer PS. Swollen lower limb-2: lymphoedema. Review. *Br Med J* 2000;**320**: 1527–9.
- 4 Gorman WP, Davis KR, Donnelly R. ABC of arterial and venous disease. Swollen lower limb-1: general assessment and deep vein thrombosis. Review. *Br Med J* 2000;**320**: 1453–6.

Address for correspondence:

Professor Peter S Mortimer,
Dermatology Unit, Division of
Physiological Medicine,
St George's Hospital Medical School,
Cranmer Terrace, London SW17 0RE
Email: p.mortimer@sghms.ac.uk

SELF-ASSESSMENT QUESTIONNAIRE

Dermatology

■ Ten self-assessment questions (SAQs) based on the published articles will appear at the end of each CME specialty featured in *Clinical Medicine*. The questions have been validated for the purpose of CME by independent experts. Two (2) CME credits will be awarded to those achieving 80% correct answers. This opportunity is open only to RCP Fellows and Collegiate Members in the UK who are registered for CME*.

■ A loose leaf answer sheet is enclosed, which will be marked electronically at the Royal College of Physicians. **Answer sheets must be returned by 22 March 2002** to:

CME Department (SAQs),
 Royal College of Physicians,
 11 St Andrews Place, London
 NW1 4LE.

Correct answers will be published in the next issue of *Clinical Medicine*.

* Further details on CME are available from the CME department at the Royal College of Physicians (address above or telephone 020 7935 1174 extension 306 or 309).

Q1 Dermatomyositis:

- a) has a bimodal age distribution
- b) when associated with calcification has a worse prognosis
- c) is associated with malignancy in 80% of patients over the age of 40 years
- d) photosensitivity is a recognised feature of the skin rash
- e) is undiagnosable in the presence of normal skin and muscle biopsies

Guidelines on completing the answer sheet

Your completed answer sheet will be scanned to enable a quick and accurate analysis of results. To aid this process, please keep the following in mind:

- 1 Please print your GMC Number firmly and neatly
- 2 Only write in allocated areas on the form
- 3 Only use pens with black or dark blue ink
- 4 For optimum accuracy, ensure printed numbers avoid contact with box edges
- 5 Please shade circles like this: ●
Not like this: ◐
- 6 Please mark any mistakes made like this: ✕
- 7 Please do not mark any of the black squares on the corners of each page
- 8 Please fill in your full name and address on the back of the answer sheet in the space provided; this will be used to mail the form back to you after marking.

Q2 In systemic sclerosis:

- a) prognosis is related to the degree of internal organ involvement
- b) digital ulceration is a recognised feature
- c) vasodilators are able to produce symptomatic benefit
- d) spontaneous resolution of the skin lesions is recognised to occur
- e) the anticentromere antibody is negative in the limited form

Q3 Drug eruptions:

- occur in about 2% of treatment courses
- are more frequent in patients with HIV infection
- are estimated to occur in 10% of patients treated with sulphonamides
- genetic factors contribute to idiosyncratic reactions
- do not necessarily persist even if the medication continues

Q4 In the diagnosis of drug eruptions:

- it is usually possible to identify the culprit drug
- prick testing for drug allergy is only practicable in specialised centres
- in vitro* tests are of limited application
- challenge tests are contraindicated in the Stevens-Johnson syndrome
- persistence of the eruption on drug withdrawal exonerates the drug

Q5 In the management of drug eruptions:

- all but non-essential drugs should be withdrawn
- the drug hypersensitivity syndrome responds to oral steroid therapy
- toxic epidermal necrolysis should be routinely treated with combined antibiotic and steroid therapy
- toxic epidermal necrolysis can be managed in a general ward
- desensitisation therapy for IgE-mediated reactions is potentially capable of allowing essential drug therapy to be continued

Q6 Lymphoedema:

- characteristically disperses over night
- responds to diuretics
- produces skin thickening, papillomatosis and hyperkeratosis (elephantiasis)
- does not pit
- requires prophylactic antibiotics if complicated by recurrent infection

Q7 Investigations of recognised value in suspected venous oedema include:

- venous duplex
- compression ultrasonography
- CT abdomen/pelvis
- lymphoscintigraphy
- MRI leg

Q8 In streptococcal necrotising fasciitis:

- the diagnosis is confirmed if blisters appear in the cellulitic area
- ultrasound is the most reliable non-invasive investigation
- gentamicin is the antibiotic of choice
- blood cultures are positive in about 25% of cases
- severe tenderness is an important diagnostic pointer

Q9 Regarding urticaria:

- it is defined by weal duration
- when triggered by a physical stimulus it is typically of short duration
- the underlying mechanism is not established in 80% of acute cases
- when cholinergic it predominates in the limbs
- vasculitic causes are typically painful

Q10 In the management of chronic urticaria:

- episodic antihistamines is the preferred form of treatment
- second generation H1 antagonists offer no advantage over classical antihistamines
- desloratadine is established as the antihistamine of choice
- systemic steroids is a recognised treatment for severe attacks
- aspirin is best avoided

CME Haematology SAQs

Answers to the CME SAQs published in *Clinical Medicine* November/December 2001

Q1	Q2	Q3	Q4	Q5	Q11	Q12	Q13	Q14	Q15
a) F	a) F	a) F	a) F	a) F	a) F	a) T	a) F	a) F	a) F
b) F	b) T	b) F	b) F	b) T	b) F	b) F	b) F	b) F	b) T
c) F	c) T	c) F	c) F	c) F	c) T	c) T	c) F	c) T	c) T
d) F	d) F	d) T	d) F	d) T	d) T	d) T	d) F	d) F	d) F
e) T	e) T	e) F	e) T	e) F	e) T	e) F	e) T	e) T	e) T
Q6	Q7	Q8	Q9	Q10	Q16	Q17	Q18	Q19	Q20
a) T	a) F	a) F	a) F	a) T	a) F	a) F	a) F	a) F	a) T
b) F	b) T	b) T	b) T	b) F	b) F	b) F	b) T	b) F	b) T
c) T	c) F	c) F	c) F	c) F	c) T	c) T	c) F	c) F	c) F
d) T	d) T	d) T	d) F	d) F	d) T	d) F	d) T	d) T	d) F
e) T	e) T	e) T	e) T	e) T	e) F	e) T	e) T	e) F	e) F