

- (d) A small dose of benzodiazepine at night should be started immediately to encourage sleep and facilitate management
- (e) The family should be reassured that all symptoms will resolve within a few days

**7 Which of the following are useful as a short and simple assessment of severity of disability in elderly patients?**

- (a) Tinetti Score
- (b) Barthel Index
- (c) General Health Questionnaire
- (d) Robertson Activity Score
- (e) Health Utilisation Index

**8 Which key factors should be considered when planning whether to pursue investigation of an elderly patient?**

- (a) Cognitive status
- (b) Severity of disability
- (c) Whether resident in own home or residential care
- (d) Multidisciplinary team report
- (e) Comorbid disease

**9 An 80-year-old gentleman presents within four hours of an acute anterior MI, complicated only by pulmonary oedema.**

- (a) Thrombolytic agents should be withheld as their risks outweigh benefits at this age

- (b) He should be prescribed an angiotensin-converting enzyme inhibitor
- (c) Beta-blockers are contraindicated
- (d) Aspirin is expected to reduce his absolute risk of further major occlusive vascular events
- (e) Addition of statin treatment would be of value only in the presence of hypercholesterolaemia

**10 A frail elderly woman with osteoporotic spinal fractures presents with a unilateral temporal headache and raised erythrocyte sedimentation rate. You make a diagnosis of temporal arteritis and start high-dose steroids.**

- (a) Your management should include consideration of her risk of falls
- (b) Calcium supplements should be co-prescribed with the steroids
- (c) Calcium and vitamin D is the optimum bone protection therapy
- (d) Hormone replacement therapy is a sensible first-line treatment option for this lady
- (e) Bisphosphonates are the first option for treatment, and should be co-prescribed with her steroids

## CME Oncology SAQs

### Answers to the CME SAQs published in *Clinical Medicine* July/August 2003

Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10
a) T	a) T	a) F	a) T	a) F	a) F	a) F	a) F	a) T	a) F
b) T	b) F	b) T	b) T	b) F	b) F	b) T	b) T	b) F	b) T
c) F	c) T	c) F	c) T	c) F	c) F	c) T	c) F	c) F	c) F
d) F	d) F	d) T	d) F	d) T	d) F	d) F	d) F	d) F	d) T
e) F	e) T	e) F	e) T	e) T	e) T	e) F	e) F	e) F	e) T