

**S4. Experience of preparedness following one-month Foundation Interim Year 1 programme.**

Categories	Themes	Number of codes (respondents)	Example quotes
Strategies used for preparedness to practice	Guidelines	6 (6)	"Using guidelines helped with formulating a management plan prior to escalating to a specialist registrar" - Participant 8
	Schema	17 (10)	"The A-E structured approach really helped me feel more comfortable" - Participant 6
	Shadowing	10 (7)	"Organized night shifts and shadowing on call doctors definitely helped me feel more prepared. It was an important experience and was transformative in terms of applying knowledge." - Participant 7
	Teamworking	8 (7)	"Having the support of my team meant that I could discuss and form a plan." - Participant 7
Challenges participants felt unprepared for	Emotional	3 (3)	"I find it very odd when you come in the next day and find the patient is not there anymore. Even when you know they are in their last days of life it can still be a shock." - Participant 7
	Independent working	10 (7)	"I find being the concept of being left alone as the only doctor on the ward scary." - Participant 7
	Escalating patients	6 (5)	"Initially I would have not had a clue and I would have passed over to somebody else, I would not have known where to go" - Participant 8
	Skills	11 (8)	"I struggled to prescribe even the basic medications. A nurse asked me to prescribe Alteplase and I did not know how to do this" - Participant 6
	Case complexity	3 (3)	"The majority of cases do not present as written in a textbook." - Participant 9
FY1 programme and preparedness to practice	Investment as a clinician	11 (7)	"As they know I will be turning up tomorrow they know it will be worth teaching me something now so that come tomorrow, I will be there to help them out with it. I was taught how to check tacrolimus levels, and this was something I was then able to do for the rest of the FY1 period." - Participant 12
	Title of doctor, rota and pay	19 (8)	"I think if someone from the team knew your name and when you were expected to turn up that would be a great first step in term of enhancing feeling part of the team" - Participant 12
	Access to healthcare systems	4 (4)	"Having the same screen layout as the other junior doctors makes it much easier for them to help you" - Participant 2
	Practicalities of hospital work	12 (10)	"Learning people's roles, expertise and specialisms has been really useful. I have learnt that if a Speech and Language Therapy believes someone has aspirated then I should go and see them soonish" - Participant 1
	Tasks and paperwork	11 (9)	"Having responsibilities, tasks which are specifically allocated for you to do is particularly helpful in learning from clinical experience" - Participant 5
Entering practice early	Cancelled examinations	6 (4)	"I do feel at a disadvantage compared to those who have sat finals." - Participant 5
	Restricted duties	6 (5)	"in the interim job I have not done on calls and I was not expecting people to be unwell, so when they were unwell I though oh jeez, what do I do now?" - Participant 7
	Positive aspects	16 (10)	"Covid-19 has forced us to take on more responsibility earlier which I think is a good thing" - Participant 12
	Personal life	2 (2)	"I am disappointed about less holiday and lack of graduation" - Participant 2
	Gradual entry to practice	5 (3)	"The FY1 was a gradual increasing of responsibility prior to FY1, which was good to dive straight in and there was enough support" - Participant 8