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| <b>Patient Information (Self-Management) Leaflets</b>                                      |
| Recovering from COVID Leaflet 1 (general health)   |
| Recovering from COVID Leaflet 2 (psychological health)                                     |
| Breathlessness After COVID Leaflet   |
| Cough After COVID Leaflet  |
| Royal College of Occupational Therapists (RCOT) How to Conserve Your Energy Leaflet        |
| RCOT How to Manage Post-Viral Fatigue After COVID-19 Leaflet                               |
| Managing Adult Malnutrition: Eating Well During and After COVID-19 Illness Leaflet         |
| Managing Adult Malnutrition: Improving Your Nutrition During and After COVID-19 Leaflet    |
| Bereavement 'What to do when someone close to you dies during the pandemic period' Leaflet |
| Smoking Cessation Advice Leaflet   |
| Post-COVID Voice Recovery Leaflet  |
| Smell Training Advice Leaflet  |
| Musculoskeletal Pains After COVID Advice Leaflet   |
| Memory and Concentration After COVID Advice Leaflet  |

## **S2. Patient information (self-management) leaflets provided to patients following Virtual Review**