Supplementary Material S1: NHS Ayrshire and Arran pathway

SA-ICT : Community Delirium TIME Pathway

Triggers - Investigation - Management - Engage & Explore

NHS Ayrshire & Arran

CGA (comprehensive geriatric assessment) **+ 4AT**

Pain
Bowels
Bladder & diptest
Red flags

Hospital

ICT Cognitive Impairment Pathway + consider ICT-GP refer CT Brain (SIGN) & CMHTE

Urgent Step-Up Community Care
• ICT- Homecare
• Telecare + check visits
• Diagnosis – GP/ANP/CMHT(E)

GPCOG or Mini-ACE/ACE

4AT < 4

4AT ≥4

NEWS 5-6 or single red score

< 2hr ICT (high risk Triggers)

<24h ICT Nurse

NEWS <4

TIME Community

NEWS - sepsis screen/hypoxia
Glucometer – B Gluc (see guidelines)
Bloods [FBC, CRP, U&E, Ca, LFT, GGT, Mg, Gluc, coag screen, B12, fol, TFT] *no lactate*
SDA Pharmacy checklist –medic

NEWS ≥7 Consider Clinical judgement & usual baseline levels

Trigger & Investigation/ CGA

Pain score / Abbey pain score
Pharmacy checklist (SDA Comp pathway)
GPCOG score
NEWS ➔chart to PHF
Kardia – ECG rhythm strip ?AF
Bladder scan
Samples – wound, sputum, urine, blood

Taxi & blood results <2h

Nursing Care Plan : (Management; Engage; Explore)

Notes:

CGA:
Treatment Plan (all causes)
Escalation Plan (Time Bundle)
Capacity Assessment + Enquiries POA
AWI (original signed + treatment plan)- GP handover

Ca <1.7
Mg <0.5
K < 2.5
Na <125

Hospital <1h metabolic

Hospital 999 Sepsis 6

PHF : (patient held file – nursing & medical)
NEWS chart – Pain scores /NEWS scores
Delirium Leaflet
"Getting to know me"
SDA – summary pathways – GP/ COMP
AWI (copy – if needed)
Kardex & compliance chart

Case review with
GP/ANP ➔ ACP/KIS/AWI /code delirium- GP record

Carers:
Delirium Care Plan (community adapted)
Bowel Chart
Fluid chart
Bladder diary
Telehealth

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[Dr Lorna Dunlop – Clinical Lead SA-ICT ; Evelyn Boyle – Team Lead SA-ICT Dr Ajay V Macharouthu - Consultant in Liaison Psychiatry for Elderly, NHS Ayrshire & Arran ;]