

Supplementary material S1.

Table S1. Inclusion and exclusion criteria

| Inclusion criteria | Exclusion criteria |
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| <p>The patient:</p> <ul style="list-style-type: none">• Is being considered for discharge to independent care.• Is willing and able to take part in the study and able to give informed consent.• has an independent, stable gait.• Is alert, attentive, coherent, and calm. | <ul style="list-style-type: none">• Admission for minor injury or injuries.• Admission for elective surgery or investigation.• Post-operative patients at discharge.• Requirement for supplemental oxygen.• On long term oxygen therapy.• Patient has unstable angina.• Patient reporting feeling too short of breath at rest to attempt exertion.• Patient is pregnant as stated by them.• Resting oxygen saturations <95% on room air (or <92% in COPD patients).• Resting heart rate >100 bpm.• Resting respiratory rate >25 breath per minute.• National Early Warning Score of 5 or more.• ECG with signs of acute ischemia in patients where an ECG has been requested by the treating clinician.• Nursing home residents, or those being transferred to a nursing home or similar facility, including residential home, hospice, or rehabilitation hospital. |